

I'm a Day Late and a Dollar Short--And It's Okay!: A Woman's Survival Guide for the '90s

Jo Ann Larsen



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Do you feel frazzled and frensied in today's fast-paced world? Is your life spinning out of control? If so, this book's for you! In it you'll meet six versions of the woman of the '90s who is trying to do too much too well: The Caretaker, The Juggler, The Perfectionist, The Guilt Sponge, The Pleaser, and The Depleted Woman. If you're one of these women, help is here.

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