



# What the Church Teaches About Sex: God's Plan for Human Happiness

*Robert L. Fastiggi*

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Despite the outcome of a world wounded by sexual exploitation and addiction, there is room for hope through the reasonableness and goodness of Catholic sexual morality.

Beginning with a thorough survey of the Church's historic attitude toward human sexuality, author Robert Fastiggi proceeds to discuss five contemporary "hot buttons" of sexuality: pornography, masturbation, homosexuality, fornication and cohabitation, and marital chastity. He goes on to cover sexual sins in a realistic and compassionate manner -- taking note of both human weakness and the power of God's grace.

In a practical and pastoral manner, Fastiggi shines the comprehensive yet clear light of Church teaching on this complex, confusing, and often culturally ambiguous topic.

Includes a foreword by renowned Catholic bioethics scholar and professor Janet E. Smith and a useful appendix that summarizes key Church documents on sexual morality.

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