



Man Up! Becoming the New Catholic Renaissance Man

Jared Zimmerer

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Honorable Mention 2015 Catholic Press Awards for Gender Issues

BOOK DESCRIPTION

The ultimate men's conference at your fingertips; one that you will attend again and again!

Man Up! Becoming the New Catholic Renaissance Man by Jared Zimmerer is the exciting, herculean gathering of some of the most profound speakers on manhood for our time. Zimmerer is best known for his work *The Ten Commandments of Lifting Weights* where he "weighs in" on what it means to be a Catholic man and father today.

Using unique, insightful voices and experiences, a dozen men passionately deliver messages that every Catholic man--young and old--ought to hear. Reading *Man Up! Becoming the New Catholic Renaissance Man* is like attending the ultimate weekend men's conference in the comfort of your own home! Every speaker becomes your personal coach--cheering you on to new heights. You will be enlightened, renewed and energized to do the work of God and serve His kingdom. You will become the new Catholic Renaissance man!

"Do not be afraid; henceforth you will be catching men." Luke 5:10

Chapters include:

Fr. Dwight Longenecker: Foreword

Jared Zimmerer: Where Have All The Good Men Gone?

Jesse Romero: Do Not Be Afraid of the Culture of Death

Marlon De La Torre: Theological Manhood

Deacon Harold Burke-Sivers: Biblical Manhood

Fr. Steve Grunow: Sacramental Manhood

Kevin Vost: Man Up Your Mind

Jared Zimmerer: Strength for the Kingdom

Shane Kapler: Greatness of Soul

Douglas Bushman: Manhood Fulfilled in Being Prolife

Kevin Lowry: Work and Finances

Jared Zimmerer: Heroism Survives Secularism

Gerard-Marie Anthony: The Theology of the Body Influences

Jim Burnham: Mary: World's Greatest Warrior, Intercessor, and Mother


Dave DiNuzzo Sr.: The Evils of Pornography

Man Up! Contributors: Those Who Came Before Us (Saints)

Dave DiNuzzo Sr.: A Higher Call

Jared Zimmerer: The Rise and Fall of Honor

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Marcus Laws:

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