



Fruit Infusions - Hydration Revamped - Fruit Infused with Water: The Best Weight Loss Book - Fruit Infusion Drink Recipes

Joceline Hughson

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FRUIT INFUSIONS: Hydration Revamped


Want to live healthier, lose weight and feel great?

Drinking fruit infusions is a timeless way to increase your body's hydration, adding vital nutrients and antioxidants to your dietary regime. Drink delicious drinks, don't feel guilty, be healthier and lose weight! What is there to lose? No sugar, no cholesterol, no calories, no alcohol. Replace sodas, juices and sugary beverages with nutritious delicious water.

You will learn:

- **Health and weight loss benefits of fruit infusions**
 - **Using fruit infusions to revitalize your mind and improve your mood**
 - **Recipes to boost metabolism, detox, cleanse, relax, perfect for gym, and wakeup with energy**
 - **Over 50+ recipes to make your own fruit infusions – in 5 minutes or less**
- Look great, Feel great! Both inside and out! - Start Today!**

tags: Fruit Infusions, Vitamin Water, Fruit Infused Water, Fruit Infused Water recipes, fruit infusion recipe, vitamin water recipe, fruit infused, weight loss, detox, cleanse, detox cleanse, health benefits, beauty, metabolism, spa water

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