



How we built our own sauna

M. W. James

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Scandinavian sauna culture is known all over the world and considered a luxurious experience close to nature.


But building a sauna neither has to be expensive, nor time consuming.

In fact you don't even need a lot of space nor much experience.

This is the story of how a normal family built their own sauna - completely from scratch, and with a very low budget.

Illustrated with many photographs and 2 drawings this book is a step-by-step DIY adventure which explains how our family did it and made the dream of our own indoor-sauna come true!

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