



# Whole Heart, Whole Horse: Building Trust Between Horse and Rider

*Mark Rashid*

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Many horse trainers, even those who claim to follow the so-called natural horsemanship approach, take the position that horses that fail to obey a human's request are doing so as much out of perversity as ignorance. That's not Mark Rashid's view. In his words, "If we understand that horses can't separate the way they feel from the way they act, then we can start to see that unwanted behavior isn't *bad* behavior at all. More times than not it's just the horse expressing the way he feels at that particular moment in time."

*Whole Heart, Whole Horse* focuses on this idea, covering such subjects as gathering information from the horse; turning rider/trainer mistakes into positive experiences; developing realistic boundaries between you and your horse; understanding how and why horses release energy from real or perceived traumas; and reaching a comfortable balance point between horse and rider. Rashid analyzes developing softness, consistency, dependability, trust, and peace of mind in both horses and humans, as well as how to become a leader whom your horse will willingly want to follow and work with.

Full of examples that extend beyond the training pen, *Whole Heart, Whole Horse* offers good sense and information that will make you a more astute, capable, and sensitive horseman or horsewoman—and human being.

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Typically the book Whole Heart, Whole Horse: Building Trust Between Horse and Rider has a lot info on it. So when you make sure to read this book you can get a lot of profit. The book was published by the very famous author. The writer makes some research prior to write this book. This specific book very easy to read you can get the point easily after perusing this book.

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#### **Stephen Mosley:**

The book untitled Whole Heart, Whole Horse: Building Trust Between Horse and Rider contain a lot of information on the idea. The writer explains her idea with easy means. The language is very easy to understand all the people, so do not necessarily worry, you can easy to read the item. The book was written by famous author. The author brings you in the new period of literary works. You can easily read this book because you can read on your smart phone, or device, so you can read the book in anywhere and anytime. If you want to buy the e-book, you can available their official web-site in addition to order it. Have a nice read.

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In this era which is the greater person or who has ability to do something more are more treasured than other. Do you want to become one of it? It is just simple way to have that. What you must do is just spending your time little but quite enough to enjoy a look at some books. On the list of books in the top list in your reading list is Whole Heart, Whole Horse: Building Trust Between Horse and Rider. This book which is qualified as The Hungry Hillside can get you closer in becoming precious person. By looking upwards and review this guide you can get many advantages.

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