



# Women's Rites, Women's Mysteries: Intuitive Ritual Creation

*Ruth Barrett*

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## **Women's Rites, Women's Mysteries: Intuitive Ritual Creation** Ruth Barrett

How can women turn birthday parties, baby showers, and other rites of passage into empowering celebrations brimming with meaning and fiery feminine spirit?

Emphasizing the Dianic Wiccan tradition, Barrett shows women how they can create empowering, transformative rituals that strengthen their profound connection to the Goddess. Instead of providing shortcuts, scripts, or rote rituals, she teaches women how to think like a ritualist. Step by step, readers learn the ritual-making process: developing a purpose and theme, building an altar, preparing emotionally and mentally (energetics), spellcasting, and more. For beginners or experienced ritualists, solitaires or groups, this thorough, engaging guide to the art of ritual-making can help women commemorate every sacred milestone—from menstruation to marriage to menopause—that touches their lives.

"Ruth Barrett brings her many years of experience in teaching and priestessing in the Dianic tradition to this book. Her thoughtfulness, intelligence and depth of understanding make it a valuable resource and will open a new perspective for many Pagans." **-Starhawk**, best-selling author of *The Spiral Dance* and *The Fifth Sacred Thing*

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