



Thyroid Adrenal Secrets Revealed: 10 Things to Know before You See Your Doctor for Thyroid Disease including Lab Tests, Physical Exams Findings, ... (Simple Steps to Better Health) (Volume 2)

Dr. Diane Culik, Kyle Weed

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Has your thyroid disease been missed or mistreated? Discover the top 10 things you must know and do before you see a doctor for thyroid disease. Get Your Copy Now! And why would you want to buy this book? Because you need to know what to say and do to get your thyroid or adrenal condition properly treated today. Oftentimes, doctors today gloss over the details that might help you feel better. Discover the 10 Things to Know Before You See a Doctor for Thyroid Disease including information about Lab Tests, Physical Exams Findings, Symptoms, Toxic Exposures, Supplements, Adrenal Evaluation, Food Allergy Evaluation, Natural Hormone Treatment. This book may have the information you need to succeed! What are the 10 things you must know about thyroid disease? Number one - thyroid tests are often not complete, the tests that are done, the doctor may come back and say “Hey, I tested you for thyroid, here’s the results, they are normal, and you are okay.” This may not be true. Number two - laboratory tests are often not interpreted correctly. So even if they do more than one simple screening test and most do just one test, which is the simple TSH screening test, they then will say, “Yes, I did three or four or even five tests, and you are okay.” But this may not be true either, as sometimes they just don’t know how to interpret them. Number three - laboratory tests really indicate what’s in your blood, obviously it is a blood test, but this does not really indicate the cellular level of thyroid hormones. Number four - your physical exam findings may be very significant as an indication of thyroid problems. It is not just the lab test that counts. Number five - also symptoms may be a very significant indicator of whether you have thyroid disease – so you have to look at other things as well. Number six - toxic exposures, and I will be going into detail, are significant in evaluating if you have thyroid disease, what may have caused it, and how. Number seven - supplements are very important in supporting your normal thyroid function, so a lot of things can help you beyond just thyroid hormones. Number eight - adrenal evaluation is very important in evaluating your thyroid. Your different organs, they interact and this needs to be addressed. Number nine- food allergy evaluation is essential in evaluating any Autoimmune or Hashimoto’s Thyroid Disease. You’ve got to do this evaluation. Number ten – this is about getting on to full thyroid treatment if you need it, and we discuss thyroid prescriptions and why, absolutely, natural thyroid hormone is best for you. Get this book if you need to get the details! The Thyroid Adrenal Guidebook will show you, help you, explain, reveal, teach you, and give you the ability to: 1. Be prepared to meet your doctor and discuss thyroid treatment 2. Know ways to help your thyroid and adrenal glands naturally 3. Discover what tests really are important in testing thyroid 4. Know what physical exam findings indicate thyroid problems 5. Know the symptoms of low thyroid 6. Know the toxins to avoid that definitely drag your thyroid down 7. Discover what supplements can boost your thyroid and adrenals 8. Learn more about your adrenal glands and how to help them function 9. Discover how food allergies can affect your thyroid and health 10. Learn why natural thyroid hormone is the best if you need treatment 11. Learn some secrets of thyroid and adrenal care and management 12. And a lot more! This book recommends specific things you can do immediately to feel better and improve your health. It contains valuable health secrets and pointers you should know about if you suffer from any of these conditions. Pick up your copy today!

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Kristy Moore:

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