



# **Hormone Reset Smoothies: Hormone Reset Smoothies To Fix Your Metabolism & Lose Up To 5 Pounds A Week**

*David Harris*

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Are you doing everything right?

Have you cleaned up your diet?

Are you exercising properly?

.....and you still can't lose those last few pounds?

**IT'S VERY LIKELY THAT YOUR HORMONES ARE OUT OF SYNC!**

This book gives you delicious smoothie recipes to aid you in your Hormonal Reset journey.

Expect:

- **Increased energy**
- **Improved skin quality**
- **Radical weight loss**

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